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The Winonan

Winona State University

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News for a campus community

WINONAN

Wednesday, Aug. 27, 2008

Volume 87 Issue 1

Tragic car wreck takes life of WSU student

By Kaarina Alfors
Winonan

Andrew Sarreal, 19, of Burnsville, Minn., died in a car versus semi-trailer accident Aug. 16.

Sarreal would have been a sophomore at Winona State University majoring in Mass Communications.

Around 2 p.m. on the Aug. 16, Sarreal was traveling westbound on Interstate 90 in his Mitsubishi Lancer. He had plans to meet his mother

at Noodles & Company in Rochester, Minn., but he never showed up to meet her.

Traveling along the Interstate in Olmsted County, Sarreal merged into the left lane while a fuel tanker, driven by 45-year-old Keith Snyder, made an illegal U-turn in the same lane.

When Sarreal attempted to move around the tanker, his car was caught underneath. Snyder was not reported injured, but Sarreal died at the scene.

Sarreal was loved by all who were close to him.

A close friend, Lindsay Jacobson said, "If anybody met him for five minutes, they would never forget him".

Friends described him as a person who never took life for granted and was always the life of the party.

A favorite memory of Jacobson was one when she, Sarreal, and their "crew" of friends would throw dance parties in the halls of Lourdes.

Sarreal enjoyed going to the casino with friends, planning spring break trips to Mexico

and trying life to its fullest, his friends said.

The funeral service was held for Sarreal on Saturday, Aug. 23 in Burnsville.

According to his mother's wishes, the service was made possible by all of Sarreal's closest friends, who dressed casually rather than in black formal attire and brought mix CD's of his favorite music to play during the service.

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Photo by Fred Schulze/Winonan

Why Winona?

Students sound off on why they made Winona their four-year home

By Stephanie Trask
Winonan

Several years ago, long before his Student Senate Presidency, David Obray discovered an interesting organization at Winona State University that he thought involved the Miss USA pageant.

Turns out, that organization was actually Minnesota State Universities Student Association (MSUSA).

Nevertheless, Obray signed up and found his spot at Winona State University.

Now, as over one-thousand

freshmen wander nervously around campus, President Obray hopes that he can accomplish stronger, more organized clubs with Student Senate so newcomers can easily find their place on campus.

"Everybody should find their 'Miss USA'," Obray said.

Vicki Englich, Community Liaison at Winona State, said that it is rare in Minnesota to find culture, academic and diverse community life jammed into one little city, as it is in Winona.

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City transit:
Not just a
drunk bus

Fall athletic
previews

Cheap ways
to have fun
in Winona

Columnists
introduce
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Wednesday, Aug. 27, 2008

The wheels on the bus go all through the town

**By Rebecca Erdmann
Winonan**

Getting around Winona can be a burden without the luxury of a car.

Biking, a reasonable option for getting to class, is less desirable while attempting to carry bags of groceries after shopping.

There are several taxi services in the area, but taxis can be both time-consuming and costly.

What to do?

Enter the Winona Transit system, the little known, under appreciated city bus service, that's an inexpensive transportation option for penny-pinching college students.

One-way fare costs 75 cents, preferably with exact change.

Winona Transit also offers tokens and monthly passes.

For students' convenience, bus passes and tokens can be purchased on campus at the Student Resource Center in Kryzsko Commons.

Monthly passes cost \$21; tokens, which are good for a one-way ride, cost 66 cents each.

The busing system provides an affordable way for students to tour the town and get an idea of what Winona has to offer.

The Winona Transit system is organized into four different routes: Green East, Green West,



Kim Oevering waits to get on a Winona Transit bus Aug. 18 in downtown Winona. A one-way trip costs 75 cents on the bus system.

Photo by Fred Schulze/Winonan

Blue, and Red. All routes start at Third and Center.

Coffee houses, the movie-theater, gift shops and restaurants are all within walking distance of Third and Center Streets.

This stop is one of the few along the routes that has a shelter or any other structure indicating that it is a bus stop.

Don Frisch, an afternoon driver for the Red Route, says the lack of bus stop signs is not an issue.

Frisch said most people just flag down a bus if they see it coming.

The Green East Route makes stops at the Winona Clinic, the shopping area near Target and Fleet Farm, Southeast Technical College and Winona Middle School.

The Green West route stops at Cotter High School, Airport Industrial Park and JC Penney's.

Winona Transit's Blue Route takes riders to Winona State University's main campus, K-Mart, the Winona Mall Shopping Center near Winona State University's West campus, Westgate Shopping Center, Shopko and St. Mary's Univer-

sity.

The Red Route goes from Levee and Sobieski Parks, the Amtrak station, the Winona Clinic and Menards.

Route maps and schedules can be found online at the City Clerk's webpage, and bus drivers also have route maps and schedules on the buses.

Winona Transit buses run Monday through Friday, from 6 a.m. to 6 p.m., except on major holidays such as New Year's Day and Thanksgiving.

The city of Winona evaluates the type of riders who use the

Winona Transit system.

Monica Hennessy Monihan, the City Clerk, said that in April of 2008, 839 of 9,547 total riders were college students.

Some students, however, used the SafeRide system, which runs free of charge from 6:30 p.m. to 2 a.m. free of charge, Thursday through Saturday during the regular school session.

Saferide follows a route from downtown to WSU's East Lake apartments, Main Campus, West Campus and St. Mary's campus.

In April of 2008, 1,243 students used the SafeRide system.

While the Winona Transit system does not directly target its advertising toward college students, it does advertise on the radio and in the Winona Daily News.

The wait time for a bus is around 45 minutes. Signs in the windows or above the doors indicate which route a bus is following, and often what the last stop on the route is.

Buses have wheelchair lifts and some have bike racks making the Transit an affordable reliable type of transportation for a variety of people.

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Winona State University shows off the campus to new faculty

**By Rachel Smith
Winonan**

Alongside freshmen, they toured Winona State University's campus grounds, explored resources in the library and check out their classes.

This year, 12 professors became part of the tenure track.

Physical education and recreation associate professor Lorene Olson and Stace Rier-son from the Education department led the campus tour and

answered basic questions such as getting paid, where to get things printed for class, as well as attending a workshop on retirement issues.

"We wanted to give them a good head start," Olson said. "The whole idea is not only to get them fully integrated and connected with the university but with the community around."

In addition to a campus orientation, the professors were taken to the National Eagle

Center in Wabasha, Minn., to showcase the outside community's beauty and inspire ideas for classroom projects.

Newcomer Marianne Lupold in the Marketing department saw educational and case studies potential when she visited the center.

Psychology professor John Holden was especially interested in the possible academic opportunities offered by the Eagle Center.

Holden said the trip to the

center was an 'eye-opener' to the academic possibilities of the region — in fact, Winona's location was a major motivation for choosing to come to the university.

"That tour helped me to understand the area better and to understand the natural beauty of the area better," Global Studies professor Weidong Zhang said.

Some of the professors said their greatest challenge this year may be connecting with

the students.

Bi-monthly meetings are being planned as a way to help these professors with questions and concerns that may arise this year.

Olson said one of the goals of these meetings will be to encourage interdisciplinary involvement and stimulate ideas for future research and projects.

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WINONA

Continued from page 1

"If you want to learn and appreciate quality academics, it's a fabulous place to be," said English.

English works to engage new students in the Winona community, whether it be volunteering at the Humane Society, getting in touch with the arts at the Frozen River Festival, or learning about Winona's deep roots at the Winona County Historical Society.

"The community appreciates its (the students') presence," said English.

Senior Melodie Bard is a counselor in the admissions office, and it's her job to convince high school students that Winona State is the prime place for great education.

"First of all, we try to make sure that there's a spot for them academically and that their majors are what we offer," said Bard.

When you include Winona State's mid-size student population, low tuition, high security, technology benefits, athletics, and the 190-plus student clubs and organizations, the ideal university is born.

"The more I've been here, the more I love it," Bard said.

Far enough to escape home



Photo by Fred Schulze/Winonan

Winona's landmark, Sugar Loaf, can be seen from Lake Park and many other places in Winona.

but not too far to miss it, Winona has been considered by many students to be the perfect distance from most Minnesota, Wisconsin and Illinois cities.

"We try to reach out to the big and small communities to really get the best balanced school you can get," said Bard.

For students looking for more, there is outdoor recreation. Students can enjoy the natural beauty Winona preserves.

"Probably the key thing we stress about Winona State is the beauty," said Carl Stange, Admissions Director. "While walking around on campus, just look up to see the bluffs.

It's like a breath of fresh air."

Hiking, canoeing, Ultimate Frisbee, and rollerblading around the lakes are popular activities on afternoons.

"We have proved ourselves for 150 years now," said Stange. "We have survived fires, wars, funding issues, changes to staff and leadership, and yet, our graduates continue to light the way for others. We truly do embrace our core values."

Contact Stephanie at SMTrask8045@winona.edu

Student smokers will soon have to extinguish their butts

By Rachel Smith
Winonan

Starting Jan. 12, 2009 Winona State University students may breathe a little better.

After an all-campus survey last October, 74 percent of the student voters decided to support a proposal for a completely tobacco-free campus.

The results of the survey didn't come without complaints as even Student Senators spoke out against the decision.

Currently, the university policy prohibits smoking and tobacco usage 25-feet from

university buildings and within student residence halls.

On Monday, Winona State's President Judith Ramaley sent out an e-mail to all students discussing the university's decision to pursue a tobacco-free campus.

The e-mail also briefly mentioned a team to implement the new policy.

Student Senate President David Obray said the system will be based on an honor code. Student will be given a first warning, followed by a report to Winona State security or student conduct officer if addi-

tional violations follow.

Faculty would face notification of their supervisor if they don't follow the new policy.

The university's human resources department will be in charge of further implementation of the new campus policy.

"Creating a healthy environment is just another initiative in our already multilateral approach to address health concerns for students," Obray said.

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Wednesday, Aug. 27, 2008

Freshmen: College is a chance to reinvent yourself



By Lauren Vincenti Winonan

Welcome to a fresh start of a new school year! I hope that you all had a fantastic and relaxing summer.

If you are like me... broke and wishing for more summer, the start of this new school year is probably not something you are looking forward to.

Cutting that check for tuition, buying books and paying rent aren't the most exciting things you have to cross off your "To-Do" list.

Apart from spending money, there is so much you should look forward to. For example, I love going to the first day of class to scope out my classmates for one of two reasons... I have either probably seen them somewhere on campus or

I have never seen them before.

I am also looking forward to intramurals starting up again. Last year I had a great time playing on a volleyball team and a softball team, which by the way my team, the Rockford Peaches, still hasn't gotten the t-shirts we won by default.

I think it goes without saying, so I'll just say it anyways. Get involved! It's the best way to meet people who have your same interests. The club fair was on campus on Friday, so I hope everyone got a chance to sign up for at least one club. If you couldn't roll yourself out

of bed to go, it isn't too late. Check the school's website for a listing of the clubs and send an email.

Some of you probably came with friends from high school, which is great! It is nice to have a friend that knows you but it's also great to make new friends too.

So, branch out! I know that I have heard it from at least three different sources all throughout my childhood all of which are extremely reliable: Barney, Girl Scouts and my parents. Making new friends isn't hard to do. What do you have to risk?

One more piece of advice that I have always loved to hear is that if you are going to work hard, you have to play hard too. Try not to stress about the little things and remember the big picture. It's easy to get so wrapped up in your work that you can't remember if the sun is out or not.

This should be the four (or five) greatest years of your education. Challenge yourself and I am sure you will be happy you did. Good luck!

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Letter from the Editor: A little wisdom from an unexpected place



By Sarah Burgen Winonan

My intention in writing my very first letter from the editor was to write the cliché, "I'm a college senior and this is what I think freshmen should know."

But then, Saturday night, I saw the Backstreet Boys at the Minnesota State Fair.

For those who have waited with bated breath all summer after my enlightening piece last spring about the year 1993, we're going to travel forward in time by six years to 1999.

I was a 12-year-old soon-to-be seventh grader at Whitefield Christian Academy. My best friend Mandie and I woke up at 4 in the morning to wait outside the Hen House grocery store for tickets to see the loves of our lives.

Unfortunately, we were the

only ones there until the store opened at 7 a.m. Then, the Ticketmaster people told us it was a random lottery line, so our hours of waiting didn't really pay off.

It didn't matter though. A few months later, I put on my favorite t-shirt and the most stylish jeans I could find, and went to the concert with Mandie and my dad.

A 15-year-old newcomer named Mandy Moore opened, and while I enjoyed it, I couldn't wait for the five sexiest boys in my world to hit the stage.

When they did, I was transported to a different place. And Saturday night, I felt the same thing.

In front of my friends and me, there were two 12-year-olds at their very first concert. Their excitement was so contagious that we had to start conversation with them.

"Do kids your age still listen to the Backstreet Boys?"

"We're the only ones. Well, besides this one boy who just went to high school. He's cute."

They became abruptly less conversational when the house music went down and the stage lights went up. And to be honest, so did I.

My friends started screaming as if they were 12, and I followed suit. If you know me, picture me screaming over the Backstreet Boys. It's a pretty funny sight.

But, the thing was, I didn't give a crap. I'm usually the kind to play it way cool at concerts. I hold back my sweet dance moves to not draw attention to myself.

This night was truly an exception to every rule of self-containment I have for myself.

Generally, when people talk about amazing concert experiences, they aren't talking about seeing four (not five, Kevin Richardson is no longer with the band) dudes between 28 and 35 dance around.

However, being in a crowd with 5,000 people singing along to songs that got me through middle school – oh, the broken heart of a tweenager – gave me the jumpstart I needed to get into my senior year of college.

Strangely enough, the last time I saw the Backstreet Boys perform was a few days before I moved in freshman year.

Looking over the past three years, I can't explain how much I've changed and how Winona

State has made me grow into the person I've wished to become. I couldn't imagine being where I am now when I sat in a similar position three years prior at a BSB concert in Chicago.

So, here comes the cliché part. Freshmen, don't ever let yourself think you can't accomplish something. At this very moment, you have every resource you need to be successful. Just get involved in things you're interested in, apply yourself and don't be afraid of making new friends.

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The opinions of this newspaper do not reflect those of the MnSCU system, Winona State University, its faculty, staff or student body. Any questions or comments should be directed to the Winonan publication board, editors or submitted as letters to the editor.

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The Ruckus

A music review for a town without a record store.

Welcome back from Jack and The Ruckus

By Jack Chandler
Winonan

We're back!

The Winona State University student body returns to the college grind a year older and a year wiser.

Some of us are new (I see you Sheehan, P-L and West Campus), some of us have only gotten our feet wet and some of us are only a few more battles from that coveted degree (Finals Week Showdown: the library vs. Gabby's).

As young scholars, we are here to learn and improve ourselves, so let's remember to have some fun along the way.

Welcome Winona State class of 2012, and welcome back everyone else.

I want everyone to know from the start that this column is written for students, and I hope the content presented is both interesting and relevant to anyone who loves music.

In following issues you will find music album reviews on this page. As you can see, the page is titled "The Ruckus" and there is a little guy shredding face to the left of the title (Issue #1 Contest: music-related reward to the first Frosh who can identify the outlined performer).

I will review new album releases along with a few "records at random" to pay respect to all the great artists who were doing their thing before many of us were born.

In a perfect world I receive dozens of literate e-mails after every issue with plenty of well-intentioned feedback. But, a perfect world this is not, so straight up bad-mouthing and



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Welcome back, welcome back, wel-come baaack. If Gabe Kotter isn't too cool to come back for school, you aren't either.

extreme praise are both welcomed.

I hope to get to know as many readers throughout the year as possible, but in the mean time, I'd like you to know a little more about me.

My name is Jack Chandler, and I am an advertising major entering my fourth year at Winona State.

This will be my second year writing for the legendary Winonan.

I call Minneapolis home when school is out, more specifically the Northeast quadrant of the

city (Frog Town, Windom Park, Central Ave. stand up).

I am a seasoned percussionist and participated actively in marching band and honors band throughout high school.

I currently dabble in underwhelming guitar and rarely go a day without listening to some type of music that is new to me.

My music turn-ons include double-disc LPs, beats that knock, jazz-fusion, high fidelity, Paul McCartney, Stratocasters and funk.

My turn-offs consist of MTV, Dane Cook stand-up, country music, Live Nation and Weezy.

Please do not hesitate to e-mail me throughout the year with album review requests, review reactions or any general music banter.

If I don't get a request for an album review, you are at the mercy of my personal preference for the coming week's issue.

You've been warned in advance. My e-mail address can be found at the bottom of this page every week.

If it's not there, immediately assume in haste that my editor is at fault. Ten times out of eight she will be (I joke, she's ok).

I eagerly look forward to writing for this Winona State student body and wish everyone a great 2008-09 school year.

Contact Jack at
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The Fire Five

1

"Love Is Noise"

The Verve

The single from the quad's upcoming "Forth" LP is bright and a little overreaching, like a lot of English rock, but the veteran group effort gets a definitive pass a 10 year hiatus. It's like dentist office music that makes the jump from "painfully sedated" to "enjoyable."

2

"Metanoia"

MGMT

Psychedelic extended jams are one quick way to get some Fire Five love. This EP release shows the Brooklyn boys are ready for the big time.

3

"Jockin Jay-Z"

Jay-Z

This DMC sample cut from the G.O.A.T. is the first single off this fall "Blueprint III." All early signs point to a return to form for 'The Blueprint' legacy.

4

"Dying Is Fine"

Ra Ra Riot

The strings-supported rocker has been in Riot's live lineup for a few years now, but the record is getting some serious kickback thanks to the release of 'The Rhumb Line,' the groups first label release under Barsuk Records.

5

"Light's Out (Tepr Club Remix)"

Santogold

The latest single from the former Epic Records A&R gets some heavy dub treatment in the form of this UK mash-up. Try not to lose your head.

Block buster or lackluster? Summer flick review

By Joe Underbakke
Winonan

Welcome back everyone.

I hope you had a summer vacation. I don't hope that it was good or anything, but I hope that you at least had one.

In case this is your first time reading my column (or the Winonan), my name's Joe, and my job is to review movies.

I'm literate and fairly judgmental, which is, essentially, all it takes to offer a rudimentary summation of my feelings on any particular flick.

But in all honestly I do love movies, some movies, and that's why I enjoy writing about them.

There's also a subtle sense of pride in knowing that if I can prevent the "10,000 B.C.'s" of the year from taking your seven dollars I make the world that much better.

Enough introduction; I've seen about four months worth of movies and haven't written

a word about any of them, so to kick off the year I'm going to attempt to do a summer movie re-cap.

Like many summers before, there were plenty of comic book heroes gracing the big screen.

We had "Iron Man," "The Incredible Hulk" (again) and "The Dark Knight," all of which were backed by insane levels of hype.

I can't even use the word hype without my neurotransmitters forcing me to talk about The Dark Knight.

While there are questions about how the movie would have fared had it not been for the passing of Heath Ledger, it's fair to assume, despite the monumental publicity that it garnered because of it, the quality of the film would have carried it nearly as far.

However, it had problems. It had problems and people didn't like to hear about them, which leads to my only annoyance with the film: the fans.

I've never had a more difficult time trying to convey rational criticism of a film before "The Dark Knight."

It was to the point where there were malicious rumors spreading that I hated the movie. I didn't, and I'll leave it at that.

While Marvel had three shots at nabbing the best movie of the summer award, I ultimately had to give it Pixar and what I believe is their best movie to date: "Wall-E."

"Wall-E," in case you accidentally didn't see it, is about a hilariously awesome robot who has been left on Earth to clean up after humans who have destroyed the planet.

I was so happy to see a movie where technology wasn't conveyed as the inevitable downfall of human society like it normally is but instead humans are, and this message isn't subtle.

"Wall-E" presents a fairly vivid depiction of a dystopian existence caused by a conglom-

erate corporation, not very different from the Wal-Mart of today.

It's the mixture of social commentary and the complete, I'll say it, cuteness of Wall-E and his romantic relationship with female robot EVE that make it such a well-rounded cinematic experience.

Plus, since it's Pixar, it goes without saying that the animation of the characters and landscapes is beautiful.

It's hard to categorize the rest of the movies without being too general, so I'll just quickly go over what movies surprised me, either in a good way or bad.

I guess my biggest letdown of the summer was "Pineapple Express."

That being said "Pineapple Express" seemed like it couldn't figure out what it was. For a while it was a comedy, a fairly good comedy at that, but it then turned into an ultra-violent action movie, which left me confused and disappointed.

A week later, however, another action comedy turned out to be my biggest positive surprise.

"Tropic Thunder" was a great rebound from "Pineapple Express," even if it relied heavily on its huge budget.

With names like Robert Downey Jr., Matthew McConaughey and yes, even Tom Cruise the laughs were coming from all over the board, even from McConaughey, who I normally can't tolerate.

While the summer blockbusters are going to fade in our memories until they show up on store shelves for the holidays, fall is coming and along with it some great movies.

Oh, and seriously, I really did like "The Dark Knight." Honestly.

Thanks for reading, see you next week.

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Evening with Wank

Alex Wank, Winonan debutante, introduces his comedic column

By Alex Wank
Winonan

In this world of fear and pain, readers such as yourselves often tire of newsworthy sources and pray for comedy to lift their downtrodden souls.

In time, such a column will rise, bringing with it laughter and hope for a new generation of college students.

This is not that column.

Welcome to the first addition of "Evening With Wank," courtesy of the wonderful Winonan. This newspaper gave me the privilege, nay—the honor, of composing my lunacy for them.

My name is Alex Wank, and I am a freshman at Winona State.

I realize that a freshman writing a column such as this is the

equivalent of pasting a "Kick Me" sign on my own back.

Yet, I digress.

Just what is "Evening With Wank?"

In simple terms, it is a column written by someone who thinks he is funny. Occasionally—very occasionally—there is something funny contained here.

The best part of this column is that the reader (i.e., you) can e-mail me and tell me what to write about.

My e-mail is AWank07@Winona.edu. Please type "Evening With Wank" in the subject box.

While that address is given freely, please do not fill it with hate mail and death threats. I get enough of those from my close friends and family.

With that out of the way,

one question is on all of your minds.

No, it's not "Why am I still reading this?" It's "Who is Alex Wank?"

I have pondered this question for many years, coming to the realization that Alex Wank is not just the captive held in every mirror I have ever seen, but I am Alex Wank.

Alex Wank grew up in Pewaukee, Wisconsin.

He loves to write and, in simple terms, he is a man and a machine.

A "manchine," if you will.

For all of you plagiarizers, that phrase is trademarked.

Alex resides in Morey Hall, which is more of a hall than you'll ever see.

Also, his favorite Irishman is a Mr. Paddy O'Furniture.

Did I answer the question?

Do you now have a clearer understanding of the one known as Wank? I personally don't care. And, for that matter, neither should you.

The week full of chaos and confusion, wherein young and eager freshman meander throughout the campus, like children at a fair except without the creepy carnies, also known as freshman orientation week, is over, and so is the first "Evening With Wank."

This year has many more issues ahead of us. Is that a good thing or a bad thing?

Decide for yourself.

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Fall sports previews...

Women's volleyball

By Johnny Podominick
Winonan

The Winona State University volleyball team enters the 2008 campaign with high expectations, great leadership, and new faces. The Warriors finished the 2007 season 19-14 overall and 10-8 in the Northern Sun Intercollegiate Conference.

The NSIC, which merged with the North Central Conference and expanded to 14 teams, will be even tougher this year, with a total of seven teams ranked in the preseason top 25 poll and honorable mention.



Carmen Stankowski

Defending national champion Concordia-St. Paul was picked to win the conference again this year, while WSU was picked to finish eighth, just outside of the NSIC's seven top-30 teams.

"We're not looking just to take a step up into the top half of the conference," Mettelle said. "In order to do that, we have to take a step up into the top 25 in the country. We feel like we have

the kids here who can do that, but it's a big step."

Despite the daunting task of competing in the NSIC, head coach Connie Mettelle believes her team can be successful.

"We're very excited," Mettelle said. "We've had back-to-back-to-back most successful years in school history since becoming a Division II program. And we expect to continue to build on that."

Tri-captains Rudy Balich, Lauren Brown, and Kerry Daly will lead Winona State. Carmen Stankowski is also expected to contribute for the Warriors, who start their season Friday at a tournament in Colorado. The Warriors first home game is against cross-town rival Saint Mary's Sept. 9.

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Football

By Winonan Staff

In a new, beefed up NSIC, which includes 14 teams, Winona State placed just three votes behind NSIC newcomer Minnesota-Duluth, in the preseason coaches' poll.

The Warriors need to replace last year's starting quarterback, Drew Aber.

Not only that, they will also need to replace Aber's favorite target, wide receiver Scott Peters.

Greg Preston, a transfer student, will start at quarterback to open the season Saturday against Michigan Tech.

Winona State will also be looking for a running back to fill the shoes left by last year's key senior, Alex Wiese. Carey Rottman, Darren Davis, and Randy Spring return to a crowded Warriors' backfield.

The defensive front seven didn't lose as much, but linebacker Marcus LaBadie and defensive lineman Kevin Michelis and Dave Braun will surely be missed.

Despite the losses, the Warriors will have many underclassmen waiting in the wings to fill in the shoes of these departing seniors, in helping the team reclaim the NSIC title.

Women's soccer

Winona State senior Heidi Woerle was tabbed as the defensive player of the year in the NSIC preseason coaches' poll.

She and Warriors have a lot to defend and defend against.

The four-time defending regular-season NSIC champion Warriors were picked to finish

second in that same coaches poll. NSIC newcomer Minnesota State-Mankato was picked to finish first.

The three other NSIC newcomers – Minnesota Duluth, Augustana and St. Cloud State – also were picked to finish in the top 10 in the conference.

Cross country

The Warriors men are coming off a fifth-place finish at the NSIC Championships last season, which included two top-25 finishes.

The Warriors women placed third at the NSIC Championships last season. Sophomore Bethany Easker led the way,

finishing fifth in 23 minutes, 18 seconds, to wrap up a strong rookie season. Junior Allie Glasbrenner finished 11th in 23:43.8.

The men's and women's teams both open the season Saturday at the Saint Mary's Alumni Open in Winona.

Golf

The Warriors men took home their fifth consecutive NSIC championship in the fall, before capturing a berth in the NCAA Division II Super Regional in the spring.

Winona State junior Brady Strangstalien led a top-four sweep by the Warriors.

The Warriors women led the NSIC Championships at the halfway point last season and

went on to finish third.

Senior Megan Placko posted a third-place finish in the NSIC Championships and finishing 18th in the NCAA Division II North Central Region Tournament.

Placko was named to the NSIC Championships all-tournament team and was one of five all-NSIC first-team selections.

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Wednesday, Aug. 27, 2008



Warmin' up for fall

Warrior athletes kick off new seasons

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